

YOUR PLAN OF CARE

The Road To Recovery — Marty M.

Your recommended plan is 12 visits, delivered in three phases. Each phase has a different job.

1**Relief**

Reduce your pain, spasm, and inflammation so you can move again.

ENDS WITH YOUR 1ST PROGRESS CHECK

5 visits · Days to weeks**2****Corrective**

Rebuild motion, strength, and stability so the relief holds.

ENDS WITH YOUR 2ND PROGRESS CHECK

4 visits · Weeks to months**3****Maintenance**

Protect the correction and catch small problems before they flare.

ENDS WITH YOUR MAINTENANCE REVIEW

3 visits · Ongoing

WHAT WE ARE DOING AT EACH VISIT

Chiropractic Spinal Adjustments

Specific adjustments to restore normal motion to the joints that have stopped moving well.

12 sessions recommended

Therapeutic Exercise & Stretching

Prescribed exercises and stretches to restore range of motion and strengthen supporting musculature.

12 sessions recommended

Spinal Traction / Decompression

Cervical or lumbar traction to decompress the affected spinal segments.

6 sessions recommended

Intersegmental Traction

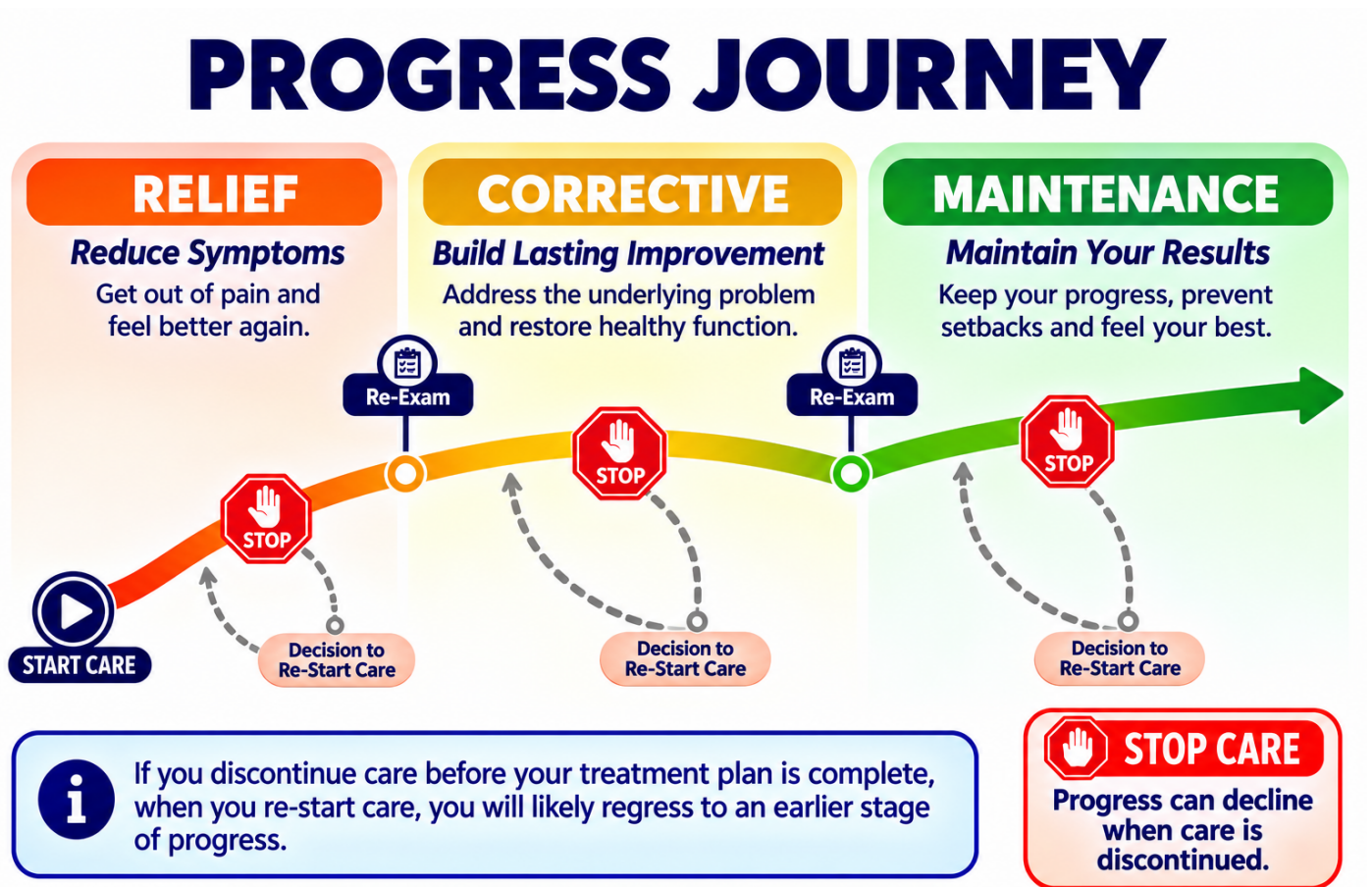
Roller table traction to gently mobilize the spine segment by segment.

12 sessions recommended

YOUR PLAN OF CARE

Your Progress Journey — Marty M.

This is how progress builds through each phase of care, and what happens if care stops before the plan is complete.



Staying consistent through the first two phases is what keeps relief from slipping backward. If care stops early, symptoms commonly return and the plan has to start over.

FINANCIAL OVERVIEW

Your Cost Of Care — Marty M.

Here is exactly how your plan of care is calculated, and the ways you can pay for it.

SERVICE	PER VISIT	VISITS	SUBTOTAL
Chiropractic Spinal Adjustments	\$80.00	12	\$960.00
Therapeutic Exercise & Stretching	\$45.00	12	\$540.00
Spinal Traction / Decompression	\$70.00	6	\$420.00
Intersegmental Traction	\$35.00	12	\$420.00
Total Plan Of Care			\$2,340.00

THREE WAYS TO TAKE CARE OF IT

OPTION 1

Pay In Full**\$2,106.00 today**

One payment today for the full plan of care. A 10% courtesy discount is applied.

Plan total \$2,106.00

OPTION 2

50 / 50**\$1,111.50 × 2**

Half today, half at the midpoint of your plan of care. A 5% courtesy discount is applied.

Plan total \$2,223.00

OPTION 3

4-Pay Plan**\$585.00 × 4**

Four equal payments spread across your plan of care.

Plan total \$2,340.00

These figures are an estimate of the recommended plan of care based on this clinic's fees. They are not a guarantee of insurance coverage, reimbursement, or clinical outcome. Your plan can be adjusted at any progress check as your condition changes.